



**FULTON COUNTY YMCA
Summer Session
August 7th – August 20th**

*The **pool area** will be closed for cleaning every **Monday & Thursday** from **12:30-1:30pm**.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 5:30 - 7:45am	Lap Swim 5:30 - 7:30am	Lap Swim 5:30 - 7:45am	Lap Swim 5:30 - 7:30am	Lap Swim 5:30 - 7:45am		
Open & Lap Swim 7:45 - 8:45am	Open & Lap Swim 7:30 - 10am	Open & Lap Swim 7:45 - 8:45am	Open & Lap Swim 7:30 - 10am	Open & Lap Swim 7:45 - 8:45am		*The whirlpool will be cleaned every Thursday from 12:30pm-5:30pm
Sr. Aqua Fit 8:45 - 9:30am		Sr. Aqua Fit 8:45 - 9:30am		Sr. Aqua Fit 8:45 - 9:30am	Lap Swim 7 - 8:00am	
Sr. Aqua Fit 9:30-10:15am		Sr. Aqua Fit 9:30-10:15am		Sr. Aqua Fit 9:30-10:15am		
Daycare, Open & Lap Swim 10:15-11:15am	Daycare, Open & Lap Swim 10 - 11:00pm	Daycare & Lap Swim 10:15-11:15am	Daycare, Open & Lap Swim 10-11:00am	Daycare & Lap Swim 10:15-11:15am	Swim Lessons Shrimp, Perch & Pike 8:15 - 8:45am	
Open & Lap Swim 11:15am - 12:00pm	Open & Lap Swim 11:00 - 12:30pm	Open & Lap Swim 11:15am- 1pm	Open & Lap Swim 11am -12pm	Open & Lap Swim 11:15am- 1pm	Pike & Eel 8:45 - 9:15am	
POOL AREA CLOSED – Cleaning 12 – 1pm	Pike/Eel & Lap Swim 12:30 - 1pm		POOL AREA CLOSED – Cleaning 12 – 1pm		Pike & Eel 9:15 - 9:45am	
Camp & Lap Swim 1:00 - 3:45pm	Camp & Lap Swim 1:00 - 3:45pm	Camp & Lap Swim 1:00 - 3:45pm	Camp & Lap Swim 1:00 - 3:45pm	Camp & Lap Swim 1:00 - 3:45pm	Pike & Ray/Starfish 9:45 - 10:15am	Open & Lap Swim 8am – 4:45pm
Polliwog 1 & Dev. Swim Team 3:45 - 4:30pm	Guppy, Minnow 3:45 - 4:30pm	Open & Dev. Swim Team 3:45 - 4:30pm	Open & Lap Swim 3:45 - 5:00pm	Polliwog 2 & Lap Swim 3:45 - 4:30pm	Polliwog 1 & 2 10:15-11:00am	
Open & Lap Swim 4:30 - 5:00pm	Open & Lap Swim 4:30 - 5:00pm	Open & Lap Swim 4:30 - 5:00pm		Pike/Eel & Lap Swim 4:30 - 5pm	Guppy 11:00-11:45am	
Aqua-Robics 5:00 - 5:45pm	*Aqua-Robics Deep Water 5:15 - 6:00pm	Aqua-Yoga 5:00 - 5:45pm	Shrimp, Perch & Lap Swim 5:00 - 5:30pm	Open & Lap Swim 5 - 8:45pm	Minnow, Fish, Flying Fish, Shark 11:45am-12:30pm	
Open & Lap Swim 6:00 - 8:45pm	Open & Lap Swim 6:15 - 8:45pm	Aqua-Robics 6:00 - 6:45pm	*Aqua Strength Training 5:30 - 6:15pm		Open & Lap Swim 12:30 - 4:45pm	
		Open & Lap Swim 7:00 - 8:45pm	Open & Lap Swim 6:30 - 8:45pm			

***Tuesday and Thursday Aqua Classes will begin 1 week later and go 1 week later**