

November 2018-A Month of Thanks to our Members

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|---|--|---|
| | *Fill out Y story card be enter in weekly raffle | | *Refer a New Member be entered to win a Smart TV | 1 Healthy Snacks in Lobby | 2 Coffee in lobby | 3 Pop Up Raffle during a Swim Class |
| 4 | 5 Coffee in lobby Member Spotlight Pop Up Class w/Yuri 11:30-12:30pm | 6 Pop Up Raffle during Group Ex Class | 7 Fulton Center in lobby 9-12pm Pop Up Raffle during Senior Aqua Class | 8 Healthy Snacks in Lobby | 9 Coffee in lobby | 10 Pop Up Class Alicia/Crystal 10:30-11:30am |
| 11 | 12 Coffee in lobby Member Spotlight Pop Up Class w/Stacy 8-8:45am | 13 Pop Up Raffle during Group Ex Class | 14 Pop Up Raffle during Senior Aqua Class | 15 Bring a friend win a Tshirt Day! | 16 Coffee in lobby Pop Up Aqua- robics Class 5:30-6:15pm | 17 Art Class 9-12 in Lobby |
| 18 | 19 Coffee in lobby NLH Registered Dietician in lobby 9-12pm Member Spotlight | 20 Pop Up Raffle during Group Ex Class | 21 HealthLink Blood Pressure/Pluse checks in lobby 9-12pm Pop Up Raffle during Senior Aqua Class | 22 Thanksgiving Day Y CLOSED | 23 Coffee in lobby | 24 Pop Up Raffle during a Swim Class |
| | 26 Coffee in lobby Member Spotlight Pop Up Raffle during a Swim Class | 27 Pop Up Raffle during Group Ex Class | 28 Membership Appreciation Brunch 10am-1:30pm Dinner 5:30-8pm | 29 Bring a friend win a Tshirt Day! | 30 Coffee in lobby | *Pop Up Daily raffles |