



FULTON COUNTY YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SEPTEMBER 2017

COMING SOON

August 21 to September 3
Interim schedule of programs

September 4
Labor Day—Closed

September 5
Fall/Winter hours begin
Fall Session I begins

September 8
Family Fun Night

October 6
Parents Night Out

October 9
Fall II Memb registration begins

October 13
Family Fun Night

October 16
Fall II General Public
registration begins

October 24- 29
Interim schedule of programs

October 30 to December 17
Fall II session

November 3
Parents Night Out

November 10
Family Fun Night

November 23
Thanksgiving—Y closed

THE Y GUYS

On June 17th, two of our Y members (Eric Askew and Kyle Cotugno) partnered with one of our staff Anthony Barksdale, to compete in the Great Sacandaga Triathlon. The event consists of a 750m swim, 20k bike ride and 5k run. Kyle did the swim portion while Eric rode the bike, and Anthony ran. Eric also serves on the YMCA Board of Directors. Anthony is one of the Y's Fitness center Attendants and is an avid runner.



Their team named "Y guys" finished 3rd out of 12 teams. All three of the "Y guys" are over 50 years old. Kyle, a local dentist, regularly uses the YMCA by swimming in our pool and working out in the fitness center. Eric, who serves as the finance manager at a local auto dealership, comes from a swimming family and he regularly works out in the YMCA. The idea for competing together started in the fitness center where Anthony works evenings. Talk led to action and the three "Y guys" have trained regularly in preparation. This event truly reflects healthy lifestyle and relationships developed at the Fulton County YMCA. Their pride in our YMCA was instrumental in the naming of their team. Congratulations "Y Guys" on keeping fit and for representing the Fulton County YMCA so well.

MEET THE NEW MEMBERS OF OUR MANAGEMENT TEAM



Meghan Bartlett was recently appointed Aquatic Director at the YMCA. A Johnstown native, Meghan holds a bachelors degree in Management from SUNY Fredonia specializing in Athletics and Recreation. She was an All American Diver and a two time Fredonia Female Athlete of the year. Meghan is a certified lifeguard and YMCA swimming instructor.



Michael DeMagistris has been appointed Director of Physical Education at the Fulton County Y. Michael holds a bachelors degree in Physical Education and Sports Management from SUNY Brockport. Prior to coming to the YMCA he was a manager at Olympia Sports and was also the Hockey Director for JVR Management in Mt. Clemens, MI. Michael brings extensive experience coaching youth sports.

Wendy Perry has recently been promoted to Membership Director at the YMCA. Wendy has worked for the Y in various capacities for 12 years. She holds a bachelors degree in Business Management and History from the College of St. Joseph. Wendy is an active community volunteer and spent five years on the Broadalbin Perth school board and also served on the Broadalbin Youth Commission.



YMCA AQUATICS STAFF COMPLETE TRAINING

The YMCA Aquatics Department is proud to announce the successful completion of the YMCA Swim Lesson Instructor Course, by five of our instructors: Meghan Bartlett, Mackenzie Morrison, Simone Hunt, Olivia Cromer, and Emma Rizzo. All YMCA swim instructors are now certified in this course. During the course instructor candidates learned about the YMCA and its mission, they completed units on child development, child abuse prevention, water safety skills, recognizing water emergencies and much more. The group also completed water skill sessions, participated in teaching skills and games, and completed a water assessment. At the end of the training each successfully passed a written test and also a water skills assessment.

